Trends
To roll back the years without raising brows, a new en point Botox pen may be the answer.

Botox is dead; long live Botox. Time was when appearance-conscious sorts would compare how spookily smooth their foreheads were, skin tightened around widened eyes to deliver a slightly disturbing stare. Re-encountering this look at a Manhattan haunt of the well and truly Botoxed not long ago made me wince. I spent the evening mesmerised by my host’s forehead. Her lines had been so ruthlessly eradicated that they had ended up as a single high ridge under the hairline. Having planned to ask her who her dermatologist was, I changed my mind. Now that is a sure sign of Botox fatigue.

And yet there is no more effective way of dealing with stubbornly ageing lines than a dab of neurotoxins to freeze the muscles. So a new generation of practitioners are leaving the “frozen forehead” look in favour of “tweakments”: small, targeted interventions that leave us looking refreshed rather than radically changed.


Next-generation Botox aims for a natural look, so people won’t be able to tell you have had a “procedure”. The Botox pen wielded by Dr Nabet, in a modest basement in Kensington, looks reassuringly different to a traditional needle and the...
**London Life**

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**BEAUTY**

**The ultimate complex hack is a kaleidoscope affair.**

**Emma McCarthy** prepares to paint her face pretty.

Emma McCarthy sits down to tell us what is the latest in beauty. The recent surge of complex hacks is here to stay — with a bonus that you can fool all around you into believing you are naturally smooth and never look worried about a thing. Dr Jules Nabet agrees. “If people say you look clinic fresh, they are not doing their job,” says Nabet.

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**Wellness**

**Botox pen**

威尔士创造出一种可以完美肿胀的笔，意味着可以画出一副完美无瑕的画。保持画作的完美性，这是一个可以调节浓度，而不包括压力的工具。Nabet说：“你可以将它画在你的脸上，画出完美无瑕的画。”

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**The Dad that explores**

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**Why barre is hot stuff**

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**After 40**

Dr Frankly McCoy

**Competition blackout plans are a natural consequence of new tuition classes.**

Dr Frankly McCoy, who struggles to keep the bones in your body, suggests the following strategies to combat age-related changes.

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**The latest news**

The latest news on temperatures and tuition classes.